

## Cheyenne Lions Clubs Community News & Notes

is published monthly by:

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### Lions Clubs of Cheyenne Contacts

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- **Sunrise Club**  
[liondave@lionsofwyoming.org](mailto:liondave@lionsofwyoming.org)



### WHERE TO DONATE YOUR USED EYEGLASSES

- **Cheyenne Vision Clinic.** 1854 Dell Range Blvd. Lobby.
- **Elks Lodge.** 100 E. 17<sup>th</sup> St. Lobby.
- **Health Works.** 2508 Fox Farm Road. Lobby
- **Herschler Building,** 122 W 25<sup>th</sup> St. Lobby
- **Laramie County Community Library,** 2200 Pioneer Ave. Yellow “mailbox” in the foyer.
- **A New Concept Optical & Eyecare.** 2528 Dell Range Blvd.
- **VA Administration.** 2360 E Pershing Blvd. In Eye Clinic waiting room.



### HOW LIONS SERVE THE LARAMIE COUNTY COMMUNITY

- Vision screening for pre-schoolers
- Help low-income individuals acquire eye exams and eye glasses (in cooperation with generous opticians in our community)
- Recycle donated eyeglasses
- Help people receive cataract surgery at RMLEB
- Support the Rocky Mountain Lions Eye Bank in Aurora, CO.
- Raise awareness of diabetes—the number one cause of preventable blindness around the world.

**Where there's a need, there's a Lion!**

# Lions Clubs of Cheyenne

## Serving Our Community



# Community News and Notes

December 2023 Volume 1, Issue 1

## WELCOME TO THE FIRST ISSUE OF COMMUNITY NEWS AND NOTES!

We've started this newsletter to share:

- Lions Clubs activities in our community
- Lions service projects, and invite our community to join in
- Lions fundraisers, which bring in the funds needed to continue to fulfill our mission.

We'll also share news about the advances made in research in:

- Preventable blindness
- Accessibility tools for those with low vision or no vision
- Diabetes prevention
- Diabetes management

## IMPORTANT DATES FOR YOUR CALENDAR

**National Donor Day:** **February 14.** An observance spreading awareness and education about organ, eye and tissue donation.

**Blind Americans Equality Day (White Cane Day).** **October 15.** The white cane is a tool used by the blind and the visually impaired to safely and independently navigate their environment.

## EYE EXAMS AND GLASSES

The **Cheyenne Lions Clubs**, partnered with Community Action of Laramie County and many generous local opticians, assist adults who meet income requirements to obtain eye exams and eye glasses.

Contact **Community Action of Laramie County** at 1920 Evans Avenue and ask for an application for the Lions Club Vision Grant program.

### ***Sight for Students Program***

A separate, non-Lions Club affiliated program to help low-income children in school obtain eye exams and eye glasses is sponsored by the Wyoming Optometric Association.

[http://wyomingoptometricassociation.com/sight\\_for\\_students\\_program.php](http://wyomingoptometricassociation.com/sight_for_students_program.php)

## BEWARE OF SCAMS

If you're on the internet for any length of time, chances are someone will try to "phish" you to steal your social security number, bank information, and/or passwords for your email, credit cards or bank accounts.

NEVER give your social security number or other info over the phone or via email!